

# 3 NIGHT DETOX RETREAT

LIFFEY, TASMANIA







# SACRED SPACE





## **SHARED TWO BEDROOM CABINS**





See Registration Form for pricing & dates

### SHARED TWO BEDROOM CABINS





Each cabin at Liffey has 2 bedrooms, a bathroom, lounge & kitchen.

If you would prefer to have an entire cabin to yourself, please enquiry about availability & rates.

Cabins do not have any phone/wifi service - the perfect technology detox.

(Should you need phone access, there is service 5mins walk away near the meditation/tea room)

#### **3 NIGHT DETOX**

Join Ganga & Tina for this wonderful opportunity to detox from everyday life and be fully immersed in nature.

#### **PACKAGE INCLUSIONS:**

- 3 night's accommodation (Fri, Sat & Sun)
- twice daily vegetarian meals (10am & 4pm)
- 3 x 100min ayurvedic treatments
- daily relaxation practices
- 1x 3hr walk to Liffey Falls

